

earthy picks

VEGAN LATIN DELIGHTS

TUE-FRI 12PM-8PM

SAT-SUN 11AM-7PM

420 E CHURCH STREET #114

FOOD

TOONAH SENSATION WRAP (SF) 15.25

Chickpea toonah, massaged kale, carrots, cabbage, tomato, avocado, cashew cream.

NEW AGE BURRITO 15.25

Red quinoa mix (raw onions, cilantro, black beans), sweet plantains, massaged kale, avocado, crispy onions, cilantro cream and spicy aioli.

CRAZY ABOUT YOU BOWL (GF) 17.25

Jasmine rice, black beans, tofu pericos, massaged kale, sweet plantains, fresh pico de gallo, avocado, cilantro cream, sprouts.

CHICKS IN A CURRY BOWL (GF)(SF) 17.50

Jasmine rice, coconut chickpea curry, sautéed portobello mushrooms, sweet plantains, massaged kale, fresh carrots, cabbage, cilantro cream.

SMOOTHIES

GET UP 10.50

Organic cold brew coffee, banana, peanut butter, cacao nibs, dates, oat milk.

FILL ME UP 10.50

Mixed berries (raspberries, blackberries, blueberries), banana, peanut butter, dates, oat milk.

PINK MOON 10.50

Strawberries, banana, coconut, dates, oat milk.

ADD ONS

- Organic superfood protein 2.00
- Hemp seeds 1.50

SIDES

AVOCADO 2.75

SOUP 6.50

SAUTÉED MUSHROOMS 4.75

SWEET PLANTAINS 2.75

JASMINE RICE AND BLACK BEANS 6.00

KALE SALAD 6.50
(with pickled cabbage and cilantro aioli)

NEW GLOW UP BOWL (GF) 17.50

Fresh chickpeas mixed with cilantro, and red onions, walnut and mushroom meat, massaged kale, hummus, cherry tomatoes, crispy onions, pickled onions, cilantro aioli

LOCOS TACOS X 3 (GF)(SF) 16.75

3 crunchy corn tacos with black bean purée, sautéed portobello mushrooms, fresh pico de gallo, spicy aioli, and sprouts.

EARTHY SALAD BOWL (GF)(SF) 15.25

Massaged kale, red quinoa mix (black beans, onions, cilantro), raw sunflower meat (sunflower seeds, hemp seeds, carrots), pickled cabbage, cherry tomatoes, cashew cream, cilantro aioli, avocado.

HEARTY LENTIL SOUP (GF)(SF) 12.75

Lentil soup topped with fresh cilantro. Served with jasmine rice, and our signature kale salad with pickled cabbage, cilantro aioli, and avocado.

NEW ABUELITA'S ANGEL HAIR SOUP 12.75

Veggie soup: Angel hair, veggies, mushrooms. Served with red quinoa mixed with black beans and onion, and our signature kale salad with pickled onion, cilantro aioli, and avocado.

DESSERTS

VITALITY BROWNIE (GF)(SF) 5.50

Organic oats, avocado, cacao powder, maple syrup, chocolate chips on top or walnuts

DRINKS

COLOMBIAN LIMONADA 4.25
sugarcane and lime juice

KOMBUCHA 5.00

COLD-PRESSED JUICES 11.00

TOPOCHICO SPARKLING 3.50

EVIAN 3.00

COLOMBIAN CAFE CON LECHE 5.25
Black Colombian coffee, oat milk, maple syrup, cinnamon.

COLOMBIAN BLACK COFFEE 3.00

COLD BREW COFFEE 6.00
Add oat milk for \$1

"We offer gluten-free options, but please be aware that they may come into contact with gluten during preparation and handling."

www.earthypicks.com

407-270-6059

@earthypicks

earthy picks

BRUNCH MENU

AVAILABLE SAT-SUN 11AM-7PM

420 E CHURCH STREET #114

BRUNCH

FILL-AFEL HARMONY WRAP (SF) 16.25

Falafel baked, quinoa mix (beans, onions, cilantro), kale, hummus, carrots, cabbage, cherry tomatoes, corn, avocado and cilantro sauce.

DAY-DREAM TOSTADAS X 2 (GF) 15.75

2 crunchy tostadas with black bean purée, organic tofu pericos (tofu sautéed with green onions and tomatoes), cilantro aioli, and sprouts.

ALL-DAY BRUNCH BURRITO 15.75

Tofu pericos (tofu sautéed with green onions and tomatoes), black bean purée, massaged kale, fresh tomato, avocado, pink sauce.

SIDES

SAUCE	1.50
AVOCADO	2.75
BEYOND MEAT	6.25
SAUTÉED MUSHROOMS	4.75
SWEET PLANTAINS	2.75
JASMINE RICE AND BLACK BEANS	6.00
SOUP	6.50
KALE SALAD (with pickled cabbage and cilantro aioli)	5.00

DESSERTS

VITALITY BROWNIE CHOC CHIPS (GF)(SF)	5.50
Organic oats, avocado, cacao powder, maple syrup, chocolate chips on top.	
VITALITY BROWNIE WALNUTS (GF)(SF)	5.50
Organic oats, avocado, cacao powder, maple syrup, walnuts on top.	

NUTTY TEMPTATION TACOS (GF) 15.75

Three crunchy tacos filled with our house-made walnut and mushroom meat, topped with house-made cashew cheese sauce & pico de gallo, and sweet plantain.

NA'CHO CHEEZY FIESTA (GF)(SF) 15.00

Crunchy corn chips topped with house-made cashew cheese, black beans, raw meat (sunflower seeds, hemp seeds, carrots), and fresh pico de gallo. (COLD)(MILD)

SMOOTHIES

GET UP	10.50
Organic cold brew coffee, banana, peanut butter, cacao nibs, dates, oat milk.	
FILL ME UP	10.50
Mixed berries (raspberries, blackberries, blueberries), banana, peanut butter, dates, oat milk.	
PINK MOON	10.50
Strawberries, banana, coconut, dates, oat milk.	
ADD ONS	
• Organic superfood protein	2.00
• Hemp seeds	1.50

DRINKS

COLOMBIAN LIMONADA	4.25
sugarcane and lime juice	
KOMBUCHA	5.00
COLD PRESSED JUICE	11.00
TOPOCHICO SPARKLING	3.50
EVIAN WATER	3.00
COLOMBIAN CAFE CON LECHE	5.25
Black Colombian coffee, oat milk, maple syrup, cinnamon.	
COLOMBIAN BLACK COFFEE	3.00
COLD BREW COFFEE	6.00
Add oat milk for \$1	

"We offer gluten-free options, but please be aware that they may come into contact with gluten during preparation and handling."

www.earthypicks.com

 407-270-6059

 @earthypicks